



MEMBERS CLUB GUIDE – 2019/2020

ADULT CLUB SESSIONS

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|------------------|--------------------|---------------------------|
| Saturdays | 1-5pm | Doubles play |
| Sundays | 2pm onwards | Turn up & play |
| Tuesdays | 6:30-10pm | Doubles play |

JUNIORS

During school term time all courts are reserved for juniors between 9am and 1pm on Saturdays. Juniors have priority over courts during school holidays between 9am and 4pm but adults may play if there are free courts.

At all times children under 11 must be supervised by a responsible adult, unless they are having coaching.

PLAYING TIMES

Courts are available for members to turn up and play at most times outside of the social sessions listed above. Team matches usually take place on Sunday mornings so these can be busy. However, during school holidays there may be no courts available on weekday mornings as the coaching team will be running holiday courses for children.

COACHING

Chris Dent and Alexia King offer individual and group session coaching and drill sessions for adults and juniors throughout the year. For any queries on coaching please call Chris on 07720 941494. Phone calls before 9.00pm please.

Alternatively, please see weekly coaching and club programme available on the club noticeboard and on our website www.carshaltontennis.org.

CARDIO TENNIS

Cardio Tennis is a fun social group fitness class set on a tennis court and open to people of all ages and abilities. Supported by music and qualified instructors, you will get to hit a lot of tennis balls during your class and have a great cardio workout at the same time. Please call Chris or look at the club noticeboard or website for details.

TEAM PRACTICE NIGHT

Men: every Thursday from 7.30pm. Ladies: every Thursday from 6pm

BAR

The bar is ALWAYS open Tuesdays 7–9pm
 Saturdays 2.30–4pm

The bar is open at other times according to demand.

SOCIAL NIGHT

Tuesday night is social night, and everyone is welcome to play tennis, table tennis, darts, or just turn up to have a drink. Social/Beginners Bridge sessions will also run most Tuesdays. This is very informal, and everyone is welcome to join in.

USE OF THE CLUBHOUSE, ENTRY & SECURITY

Please enjoy the facilities in the Clubhouse and always leave them as you found them. Please also ensure you secure all the doors and windows if you are the last to leave.

Entry fob system. To gain access to the courts and the Clubhouse you might need a fob, which can be obtained by emailing Lynne O'Brien at cltcmembership@gmail.com (deposit £10). Please don't share your fob with anyone else including junior members, who can obtain junior fobs (which don't allow access to the main area of the clubhouse).

Clubhouse hire: The clubhouse is available to hire to members. Please contact cltcmembership@gmail.com

BRITISH TENNIS MEMBERSHIP

British Tennis Membership is free for all members (adults and juniors). Sign up for the following benefits:

- Acceptance into the club ballot for Wimbledon tickets
- Get an Aegon British Tennis Rating (play in teams/tournaments)
- Discounts and pre-sales on tickets for events
- Discounts on tennis equipment and clothing

Go to www.lta.org.uk/members/join and click on Club Members (all ages).

Please affiliate to Carshalton Lawn Tennis Club by selecting '**Manage My Account**' and then selecting '**My Tennis Venue**'.

RESPECTING OTHER PLAYERS

- Please respect players on other courts and do not cross behind players to collect balls when play is in progress.
- When players are already on court and playing a set, please wait quietly until you are invited to cross over their court.

VISITORS

You may bring visitors as often as you like outside of social sessions. Please put your visitor fees in the boxes provided and sign guests in - Adults £5.00, Juniors/Students £1.00.

Visitors can attend social sessions up to 3 times a year and the same fee applies.

BOOKING COURTS

Courts can be booked up to 7 days in advance, in the booking folder.

The folder is in the main clubhouse. Sheets are marked up showing court availability.

FLOODLIGHTS

General - Floodlights can be used between dusk and 10.00pm and are operated by meters taking ½ hour tokens. These are available from the bar – cost £2.50.

Please organise tokens well in advance to avoid disappointment.

Tuesday Club Sessions – Where floodlights are required during Tuesday Club Sessions, members (both adults and juniors) are asked to pay a £2 fee. This will apply regardless of how long you choose to play for but won't apply if the floodlights are turned on after the sessions starts (6.30pm), you are 'mid set' at the point they are turned on and you choose not to continue playing after your set has finished. If you choose to start playing before 6.30pm you will be expected to purchase tokens or meet the additional cost, which is £2.50 for half an hour per court.

CLUB MATCHES AND TOURNAMENTS

There are ladder leagues ('box leagues') for adults and details can be found on the notice board. A list of current members contact numbers is also displayed.

Always remember to book a court if you are playing a club match. Please be aware that there are regular social tennis sessions at the club on courts 1 to 3, so to avoid disruption while playing your match we recommend that you book either court 4 or court 5.

If you are interested in playing for the club teams, please speak to the men's' or women's' captain Frank Fennell and Alexia King. *Please note: you must be a member of British Tennis and affiliate yourself to Carshalton LTC when representing the club in league matches.*

An annual club tournament is run from April to July. Entry forms are available in the clubhouse. Fun tournaments for all standards are run during the year.

OTHER TOURNAMENTS

Leaflets are on display, promoting LTA events and entry forms to join outside tournaments are available in the clubhouse.

TABLE TENNIS

There are mixed teams in the local winter league. There is a table available in the clubhouse for general use.

For more information email info@carshaltontennis.org

SOCIAL EVENTS

Regular social events are held in the clubhouse. Members and friends are all welcome. Details are on the website and regular emails are sent out prior to events.

TENNIS BALLS

Tennis balls are provided for adults (boxes in main room) and junior players (ball bin in junior corridor). These are refreshed on Tuesdays and Saturdays.

CLOTHING

Appropriate tennis clothes and footwear must be worn whilst on court.

THE COMMITTEE

You can contact any of the committee by emailing cltcmembership@gmail.com

PLEASE NOTE

The full version of the Club Rules, Regulations and Junior Rules are posted on the noticeboards in the clubhouse.

FURTHER INFORMATION

Check out our website and social media accounts:

www.carshaltontennis.org

<http://www.facebook.com/CarshaltonLawnTennisClub>

Follow us on twitter: @CltcTennisSM5